



**Race Management  
and  
Timing Company**  
*Bringing professionalism  
to your next race!*

**THERE ARE ONLY 150 SPOTS  
AVAILABLE SO DON'T DELAY  
IN REGISTERING!**

**Benefiting Southern Illinois Honor Flight**

Full Name: \_\_\_\_\_

Gender: Male or Female (**circle one**) Run or Walk or Ruck (**Circle one**)

Shirt Size: S M L XL XXL (**Circle one**)

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Includes custom race medal and Christmas gift for all who finish!

ENTRY FEE: \$30.00

**Pre-registration entry must be received by December 4, 2019  
to receive apparel & awesome swag!**

The award ceremony will take place at Martha's Theater.

We will have multiple awards for overall runners and walkers as well as age group category awards. The age groups are listed on the race page of the RTS website.

I know that running a race is a potentially hazardous activity. I should not enter and run in the Frozen 12K of Christmas unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in the event, including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, waive and release Run to Succeed, Honor Flight, Crab Orchard Wildlife Refuge, County of Williamson State of Illinois, any and all sponsors, their representatives and successors, from all claims or liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of, my participating in this event whether same be caused by negligence or fault. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grants full permission to sponsors and or agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose. Minors accepted only with a parent or guardians signature.

Sign: \_\_\_\_\_  
Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

# FROZEN 12K OF CHRISTMAS

**SATURDAY  
DECEMBER 14,  
2019  
@ 9:00AM**

**CRAB ORCHARD  
REFUGE / MARTHA'S  
THEATER  
3/10'S OF A MILE  
WEST OF THE VISITOR'S  
CENTER ON IL-148**

**REGISTRATION FORMS  
MAILED TO:**

**RTS SPORTS  
702 N CARBON ST  
SUITE A  
MARION, IL 62959**

**~OR~**

**ONLINE REGISTRATION:  
[runtosucceed.com/frozen  
12kofchristmas](http://runtosucceed.com/frozen12kofchristmas)**

**Merry Christmas from the  
RTS family to yours!**