



**Race Management
and
Timing Company**
*Bringing professionalism
to your next race!*

**THERE ARE ONLY 200 SPOTS
AVAILABLE SO DON'T DELAY
IN REGISTERING!**

Benefiting Southern Illinois Honor Flight

Full Name: _____

Gender: Male or Female (circle one) Run or Walk (Circle one)

Performance Longsleeve Shirt Size: S M L XL XXL (Circle one)

Address: _____

City: _____ State: _____ Zip: _____ Age on Race Day: _____

Email: _____ Phone: _____

Change apparel option to a 50/50 blend Hoodie - \$38 total or

Performance Quarter Zip - \$48 total.

ENTRY FEE: \$30.00 – Longsleeve Shirt only

Pre-registration entry must be received by November 30, 2017
to be guaranteed awesome swag!

We will have overall runners and walkers awards, top 5 walkers for both
genders, and runners awards for the top three males and females in the
following age groups:

12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60 & over

I know that running a race is a potentially hazardous activity. I should not enter and run in the Frozen 12K of Christmas unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in the event, including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, waive and release Run to Succeed, Honor Flight, Crab Orchard Wildlife Refuge, County of Williamson State of Illinois, any and all sponsors, their representatives and successors, from all claims or liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of, my participating in this event whether same be caused by negligence or fault. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grants full permission to sponsors and or agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose. Minors accepted only with a parent or guardians signature.

Sign: _____
Date _____ / _____ / _____

**FROZEN 12K
OF
CHRISTMAS**

**SATURDAY
DECEMBER 9, 2017
@ 9:00AM**

**CRAB ORCHARD
REFUGE / MARTHA'S
THEATER
3/10'S OF A MILE
WEST OF THE VISITOR'S
CENTER ON IL-148**

**REGISTRATION FORMS
MAILED TO:**

**RUN TO SUCCEED
3401 N. PARK AVE
HERRIN, IL 62948**

~OR~

**ONLINE REGISTRATION:
[runtosucceed.com/frozen
12kofchristmas](http://runtosucceed.com/frozen12kofchristmas)**

**12 AWESOME GIFTS OF
SWAG AND 3 DIFFERENT
CHOICES OF APPAREL**